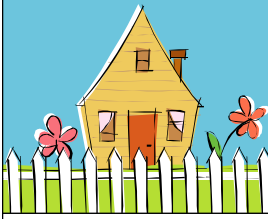


Medical Home Newsletter

Summer/ Fall 2008



WHAT IS A MEDICAL HOME?

A medical home is not a building, house or hospital but rather a way to provide high-quality health care services in a cost-effective manner.

A medical home is a process of care offered by primary care providers in partnership with families of children with Special Health Care Needs (SHCN).

Children and families are recognized, welcomed and supported by their medical home. More information can be found at www.medicalhome.org or by contacting Dr. Mary Wild Crea.

BACK TO SCHOOL INFORMATION

DOES YOUR CHILD HAVE AN IEP?

(IEP=Individual Educational Plan)

It is helpful to have a copy of your child's IEP and school assessment available for your doctor to review at the time of your child's appointment. This helps your physician understand your child's strengths and needs and may help us determine if any further testing or evaluation is needed beyond the school assessment.

WHAT IS A 504 PLAN?

If your child has a disability or medical problem but does not qualify for an IEP, they may qualify for a 504 plan. If your child has a physical or mental impairment that substantially limits one or more major life activities, they may qualify. Learn more about 504 plans and other educational information at www.pacer.org.

Therapy/ PCA services

Any child receiving private therapy services and/or PCA services should have yearly office visits. Doctors must sign orders for therapy every few months so it is important that we see your child and document a continued need for these services.

AD/HD INFORMATION (Attention Deficit Disorder- with or without hyperactivity)

OFFICE VISITS

Children on medication for ADHD need to be seen in our office for medication re-checks at least every 6 months, preferably in the fall and spring (Oct & April) and more frequently if there have been changes in medications or adjustments in dosing.

TEACHER/PARENT RATINGS

Vanderbilt teacher and parent rating forms should be completed twice per year. Ideally these are done prior to your office visit. We can fax forms to you or to your child's school if we have a release on file. Forms can also be downloaded. Contact office for more info.

SOMETHING SMELLS FISHY?

There is some evidence that Omega 3 Fish oil supplements may help improve attention and reduce hyperactivity in children with AD/HD. It may be taken along with other meds for AD/HD. High doses are safe but children may start smelling like fish.

CAN GIFTED CHILDREN HAVE AD/HD?

Yes! Check out <http://eric.hoagiesgifted.org>

ADDITIONAL WEBSITES

www.chadd.org (Children & adults with AD/HD)
www.add.org (Attention Deficit Disorder Associat.)
www.ldanatl.org (Learning Disabilities Association)
www.nichcy.org (Natl. Dissemination Center for children with disabilities)
www.nclid.org (National Center for Learning Disabilities)

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